Special Recreation Services of Northern Lake County

2013 Summer Program Guide

Providing Recreation Programs and Services for Individuals with Special Needs for the Residents of Lindenhurst, Round Lake, Waukegan, & Zion Park Districts

Meeting Unique Needs

Northern Lake County
Mission Statement

It is the MISSION of SRSNLC to educate our citizens to become responsible, productive, healthy, and contributing members of our society by preparing them through recreation with a dynamic and caring environment, which excites them and invites them to participate.

Table of Contents

SRSNLC Information.............................................................. 2
SRSNLC Policies................................................................. 3
Cooperative Special Events...................................................... 4 & 5
Summer Day Camps............................................................. 6 - 8
Lindenhurst - Seasonal Programs........................................... 9 & 10
Lindenhurst - Athletes & Fans............................................... 11
Lindenhurst - Youth & Teen.................................................. 12
Round Lake - Sports & Fitness............................................... 13
Round Lake - On The Town.................................................... 14
Round Lake - Teen/Youth..................................................... 15
Round Lake - Swim Lessons.................................................. 15
Waukegan - General Programs.............................................. 16
Waukegan - Social Page....................................................... 17
Waukegan - Just for Kids & Teens......................................... 18
Waukegan - Special Events and Inclusive Opportunities............. 19
Waukegan - Sports & Fitness............................................... 20
Zion - Sports & Fitness....................................................... 21
Zion - In House Fun and Kid Fun.......................................... 22
Zion - Fun Eats................................................................. 23
Zion - Out-N-About........................................................... 24
Zion - Take The Day Off..................................................... 25
SRSNLC General Information................................................. 26
SRSNLC Code of Conduct & Behavior Expectations.................... 27
SRSNLC Athlete - Sportsmanship Contract................................ 28
Application for Participation in Special Olympics......................... 29 & 30
SRSNLC - 2013 Registration Form........................................... 31
SRSNLC Seizure Questionnaire................................................ 32
SRSNLC Annual Information Form......................................... 33 & 34
Facility Directory.............................................................. 35

Inclusive Opportunities

It is the MISSION of SRSNLC to educate our citizens to become responsible, productive, healthy, and contributing members of our society by preparing them through recreation with a dynamic and caring environment, which excites them and invites them to participate.

Contact Us:
Please be aware that you can use the Illinois Relay Center to contact us during our office hours. To use the service, call 1-800-526-0844 (TDD ONLY) or 1-800-526-0857 (Voice). If, due to a visual impairment you need our brochure or other documents in an alternate format, please contact our office.

Full Access For All - ADA

The Special Recreation Services of Lindenhurst, Round Lake, Waukegan, and Zion advocates for full participation under the Americans with Disabilities Act (ADA) which prohibits discrimination in the provision of programs, services or activities to individuals with disabilities. Every attempt at reasonable accommodation will be made so that individuals may participate in a desired program.

SRSNLC and your local park districts are committed to meeting your unique, individual leisure needs. Please call us if we can assist you at any time.
**Program Cancellations**

SRSNLC attempts to hold programs whenever possible. However, inclement weather occasionally makes it difficult for staff and participants to travel to program locations. SRSNLC cancellation policies are as follows:

1. SRSNLC staff look at all circumstances **one hour** prior to the starting time of the program or transportation route to determine if it should be cancelled.
2. If the program is cancelled, program staff attempt to reach all participants by phone to inform them of the cancellation. **You will only be called if the program is cancelled.**
3. SRSNLC attempts to extend programs to make up any missed dates.
4. SRSNLC sends out a letter informing all participants whether the program has been extended.
5. Registration deadlines must be adhered to. If there are not the required minimum participants by the date listed, the program must be cancelled due to reservation requirements. Full refunds will be given.

**Cancellation by Registrants**

A 20% cancellation charge and/or programming expenses will be assessed for all refund requests made before the first meeting date of the program. No refund is given once the first class has met unless a doctor’s request is presented to SRSNLC, which will then allow a prorated refund.

**SRSNLC Resident & Non-Resident Policy**

**RESIDENT**

1. Includes those residing in Lindenhurst, Round Lake, Waukegan, and Zion Park Districts.
2. Registrants from any of the above listed Park Districts qualify for a resident rate and are welcome to register through their home district.

Residents of SRSNLC include those in the Round Lake, Lindenhurst, Waukegan, and Zion Park Districts. Non-Residents residing in communities having active park districts or recreation departments will pay an additional 50% fee for all programs. Call the local SRSNLC office to see if this affects you.

**Transportation**

SRSNLC has implemented these transportation procedures to ensure participants ride safely in our vehicles:

1. All passengers must be sitting in seats or wheelchairs with belts securely fastened. The driver will not proceed until all seat belts are fastened.
2. All wheelchairs must have brakes that are in good working order and can stop the chair from moving.
3. The SRSNLC drivers will assist participants to and from their homes, but driveways and walks must be clear of debris and obstacles.
4. SRSNLC staff are responsible for determining whether or not a participant can be transported safely. If it is determined that it would be dangerous to transport a participant, the driver may refuse to transport that participant.
5. Participants riding in Amigo-type wheelchairs must transfer into a van seat and must use a seat belt.
6. Participants unable to be in a house alone should have someone meet the vehicle at the designated time of return. SRSNLC cannot wait more than 10 minutes due to the demanding transportation schedule.
7. SRSNLC reserves the right to refuse to transport participants. Please realize that these policies have been developed to ensure the safety of everyone riding SRSNLC vehicles. Your cooperation is greatly appreciated.
8. SRSNLC transports in-district participants only.
9. Late registrants may not have transportation during the first week of programs due to routing changes. Participants are notified if a problem occurs.
10. Departure times are set and abided by. If changes occur, participants are notified by phone. Return times may vary because of traffic and/or weather conditions. However, all is done to return on time.

**Refund Policy:**

No refunds are given unless . . .

1. The trip is cancelled by the park district.
2. The person desiring a refund finds a replacement.
3. The district has a waiting list for the trip.

**Overnight Trip Policies**

All participants must submit a complete Overnight Trip Form, Medication Dispensing Release Form, a copy of a government issued identification card, and a copy of his/her current medical insurance card one week prior to departure date. **Overnight trip registrations require preapproval by the SRSNLC Program Manager.**

**LATE PICK UP FEE:**

Participants are to be picked up promptly at the end of a program. A $1.00 per minute late fee will be assessed for late pick-ups. Late fees are due prior to attending the next program. Please refer to your day camp manual for camp specific late fee policies.
**Hawaiian Luau**

Experience the signs, sounds and smells of Hawaii here in Round Lake! Enjoy the music, try to limbo, and taste exotic food and drinks on this special night. **Note**: Participants should bring a swimsuit & towel.

**Location:** Round Lake Area Park District, Aquatic Center and Nature Museum  
**Age:** 13 & Older  
**Min/Max:** 20/100  
**Fee:** $15R / $23NR  
**Event Time:** 7:00pm-9:00pm  
**Reg. Deadline:** June 28, 2013

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**Swimming with Autism**

This will be a time for you and your child to get out and enjoy the pool. We will offer an open swim time only for parents who have a child who has been diagnosed with autism. Siblings are welcome too! Forget the worries of a crowded pool and come have some fun.

**Location:** Round Lake Park District  
Aquatic Center  
**Age:** All  
**Minimum:** 4  
**Fee:** $30 per session per family  
**Event Time:** 11:30am-12:30pm  
**Reg. Deadline:** One week before each program

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**Dance at Dusk**

As the sun sets, the party begins at SRSNLC’s annual Dance at Dusk. Spend an evening dancing under the stars, enjoying refreshments, and socializing with friends at Engle Memorial Park. **Note:** In the event of inclement weather, the dance will be held indoors at the Community Center and gym shoes will be required.

**Location:** Lindenhurst Park District  
**Age:** 13 & Older  
**Min/Max:** 50/150  
**Fee:** $15R / $23NR  
**Event Time:** 6:30pm-8:30pm  
**Reg. Deadline:** May 31, 2013

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**SRSNLC Golf Outing**

SRSNLC will be hosting our 14th Annual Golf Tournament. This event is a great opportunity for you to show your stuff. We’re also looking for volunteers & sponsors for the tournament.  

**Note:** There are a limited supply of rental clubs*
Wildcat Mountain State Park
Camping Trip

If you love fresh air, campfires, swimming, good home-cooked food and the great outdoors come join SRSNLC for a great five days of camping at Wildcat Mountain State Park in Ontario, WI! Wildcat Mountain State Park is a sandstone bluff covered with limestone rising steeply above the Kickapoo River in Wisconsin’s driftless area! Come enjoy the beauty this park has to offer.

*Participants wishing to attend this overnight trip must contact their agency’s program manager to determine eligibility prior to registration*

Location: Meet at your local park district
Age: 15 & Older
Min/Max: 4/12
Fee: $150R / $225NR
Reg. Deadline: July 5, 2013

Poolside Dance Party

Dance on the deck or right in our zero depth pool. Ride the waterslide to the beat of the music. Our poolside dance is sure to be the “cool” place to be. Fee includes door prize, snack & DJ.

Location: Port Shiloh, Zion Park District
Age: 10 & Older
Min/Max: 40/150
Fee: $15R / $23NR
Event Time: 8:00pm-9:30pm
Reg. Deadline: July 5, 2013

Cook & Canoe

Looking to end your summer with a little adventure? Try something unique and paddle your way through a new program. Participants will assist with grilling their own burger or hot dog and take turns canoeing on Bevier Pond. This is your chance to learn to grill and canoe in a safe and closed water environment.

*Participants must wear a provided life jacket at all times in the canoe. Participants must bring their own food if there are dietary restrictions.

Location: Bevier Park, Waukegan
Age: 5 & Older
Max: 6/20
Fee: $13R / $20NR
Program Time: 11:00am-1:00pm
Reg. Deadline: June 19, 2013

Fall Getaway -
“Music City”

(Add an image of Nashville)

For more than 200 years, music has shaped the history of Nashville, Tennessee. Visit the Country Music Hall of Fame, explore the Cumberland Caverns, and line dance at the Wildhorse Saloon. After spending your days in the city, kick back and relax in our private vacation home nestled on Old Hickory Lake.

Note: Participants wishing to attend this overnight trip must contact their agency’s Program Manager to determine eligibility prior to registration.

Location: Nashville, Tennessee
Age: 18 & Older
Min/Max: 8/12
Fee: $450R / $675NR
Payment Plan Option: Submit your $150 non-refundable trip deposit by 5/31 followed by three $100 installment payments due on 7/15, 8/15, & 9/15.
You’re saved by the bell! After School Action is here to get your child active after a morning of sitting in the classroom. This camp offers your kids the opportunity to make new friends and keep their minds and muscles moving after school ends. Campers get to swim, make crafts, and experience their community. Parents are responsible for arranging transportation with the school to drop their child off at the Douglas House. *No Camp on Thursday, July 4

REGISTRATION CODES:
*Registration for BD/ED/LD
**All other disabilities

Location: Douglas House
Age: 5-12 Years
Min/Max: 3/6
4 Week Fee: $180R ($240R w/transport) / $270NR
5 Week Fee: $225R ($300R w/transport) / $338NR
Reg. Deadline: May 20, 2013

*After School Action Camp is based on the Waukegan School District Summer Calendar.

CODE DAY DATE TIME
W6420* M-Th TBA 12:00pm-4:00pm
W6421** M-Th TBA 12:00pm-4:00pm

Campapalooza
Join in the camp that is nonstop fun! Get messy, enjoy learning, and get physically active at Campapalooza. Counselors offer guidance and fun activities in an environment that is always changing. Campers will explore Lake County and all it has to offer while building lasting friendships. Sign up for one 2-week session or all four.

*No Camp on Thursday, July 4

REGISTRATION CODES:
*Registration for BD/ED/LD
**All other disabilities

Location: Douglas House
Age: 13 & Older
Min/Max: 6/12
Fee: $180R ($240 w/transportation) / $270NR
Reg. Deadline: May 20, 2013

SESSION 1:
CODE DAY DATE TIME
W6430* M-F 6/10-6/21 9:30am-4:00pm
W6431** M-F 6/10-6/21 9:30am-4:00pm

SESSION 2:
CODE DAY DATE TIME
W6432* M-F 6/24-7/5 9:30am-4:00pm
W6433** M-F 6/24-7/5 9:30am-4:00pm

SESSION 3:
CODE DAY DATE TIME
W6434* M-F 7/8-7/19 9:30am-4:00pm
W6435** M-F 7/8-7/19 9:30am-4:00pm

SESSION 4:
CODE DAY DATE TIME
W6436* M-F 7/22-8/2 9:30am-4:00pm
W6437** M-F 7/22-8/2 9:30am-4:00pm

*Please send a sack lunch everyday. Following registration you will receive more information regarding medication and other camp information. The Waukegan Park District Procedure for Participant Behavior will be enforced.
Waukegan Summer Day Camps

TNT Camp No Transportation

The fuse is lit! TNT Camp is for teens with a developmental disability. TNT will explode with days of summer fun! Don’t miss out on a summer full of fieldtrips, fitness, swimming, games, crafts, learning about your community and more. Let us help your child develop social skills, self-esteem and enhance his or her physical abilities. **TNT is offering Full and Half Day Options based on the Waukegan School District Summer Calendar. Full days are Monday through Friday, Half Days are Monday through Thursday with FULL DAY FRIDAYS. Parents must arrange the bus to drop off their children at the Field House when school is over.** Fridays are field trip days. Please send a sack lunch everyday.

*No Camp on Thursday, July 4*

**Registration Codes:**
*Registration for BD/ED/LD*  
**All other disabilities**

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TNT Camp No Transportation

Registration Codes:
*Registration for BD/ED/LD*  
**All other disabilities**

**Camp Little Fort - Waukegan**

Your little one will be started on the path to a fun filled summer in Camp Little Fort! A happy, friendly and accepting atmosphere will encourage your child to engage in activities and build relationships. Their creativity will be unleashed through themed art projects, songs, and free choice learning centers. As well as getting physical with nature walks, games and our age appropriate playground.

Full balance is due at time of registration. Children age three must have already completed some preschool and those age 5 must not have entered Kindergarten. Children should be potty trained, should wear sun block to camp each day, and bring a full water bottle with their name on it. We will also be swimming at Ganster Kiddie Pool on Thursday mornings, so make sure to pack a swimsuit and towel!

*Note: An SRSNLC inclusion staff will be provided for your child if assessment proves necessary.*

**No Camp Thursday, July 4**

**Teen Adventure Camp**

Spend your summer having adventures and making friends. Each session, teens will have a chance to go on exciting trips, swim at the pool, play sports, help the community, and more!

Note: An SRSNLC inclusion staff will be provided for your child if assessment proves necessary.  
**No Camp Thursday, July 4**

**Location:** Belvidere Recreation Center  
**Age:** 12-15 Years  
**Fee:** $218R / $262NR – *$197R / $236NR  
**Reg. Deadline:** Three weeks prior to session

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Waukegan Summer Day Camps (cont)
**Round Lake Summer Camps**

**Trailblazers Summer Day Camp**

**Location:** CDC Site II, 2041 N. Orchard Lane, Round Lake Beach

The coolest place to be this summer is with SRSNLC Round Lake's Trailblazers Summer Camp! This camp is designed for individuals ages 6-21 with mental or physical disabilities. Campers will enjoy their summer time by participating in arts and crafts, games, drama and music. All while meeting new friends. Campers will go swimming at the Round Lake Area Park District Aquatic Center and participate in one special event or local field trip per week.

**Great opportunities for fun and adventure. Join us for one or more weeks of camp.**

**Sparkle Day Camp - Before**

Need accommodations for before camp begins at 9:00 am? Sign up for Sparkle Before Camp.

**Sparkle Day Camp - After**

Need accommodations for after camp ends at 3:00 pm? Sign up for Sparkle After Camp.

*Please register by deadline.
First payment will be due June 8, 2013*

**Mini-Trailblazers (3-6)**

**Location:** Round Lake Area Park District Teen Center

Are you ready to have some fun and make new friends? Come play with us! This camp is designed for children ages 3-6 with physical and/or mental disabilities. Each week will be filled with activities to engage the mind and senses! Activities will include arts and crafts, water play and outdoor activities. Please bring a backpack with a full change of clothes, sunscreen, snack and diapers and wipes if needed.

*No camp the week of July 4th*

**LOCATION:** Round Lake Area Park District Teen Center

**Sparkle Day Camp - Before**

Need accommodations for before camp begins at 9:00 am? Sign up for Sparkle Before Camp.

*Please register by deadline.
First payment will be due June 8, 2013*

**Mini-Trailblazers (3-6)**

**Location:** Round Lake Area Park District Teen Center

Are you ready to have some fun and make new friends? Come play with us! This camp is designed for children ages 3-6 with physical and/or mental disabilities. Each week will be filled with activities to engage the mind and senses! Activities will include arts and crafts, water play and outdoor activities. Please bring a backpack with a full change of clothes, sunscreen, snack and diapers and wipes if needed.

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*No camp the week of July 4th*

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*No camp the week of July 4th*
Aquanaut Waterski Show
The most amazing waterski show is right here in our own backyard—Twin Lakes, Wisconsin. The Aquanauts amaze audiences with their pyramids, stunts, and impressive skills. Please bring a small blanket, tarp, or folding chair. Refreshments will be served during the performance.

Location: Twin Lakes, Wisconsin
Age: 18 & Older
Fee: $8R / $12NR
Min/Max: 4/12
Reg. Deadline: June 7, 2013

Spring Chicken Dinner
Celebrate spring over a chicken dinner with friends. This program is offered in collaboration with SRSNLC—Zion.

Location: Zion Leisure Center
Age: 16 & Older
Fee: $12R / $18NR
Min/Max: 4/12
Reg. Deadline: April 19, 2013

Tinker Swiss Museum
Tour the gorgeous Tinker Swiss Cottage, a historic house museum located in the heart of Rockford, Illinois. The complex contains the historic house museum, barn, and carriage house from the Tinker family. The property is the home of the founding site of Rockford and contains a Pre-Columbian Native American conical mound. Lunch is included.

Location: Rockford, Illinois
Age: 16 & Older
Fee: $35R / $53NR
Min/Max: 4/8
Reg. Deadline: April 26, 2013

Southport Light Station Museum
Explore the maritime history of Southport in Kenosha, Wisconsin at the Southport Light Station Museum. We will embark on a journey up the 55-ft. tall 1866 Southport Lighthouse. Lunch is included. Note: Participants must be able to climb stairs.

Location: Kenosha, Wisconsin
Age: 13 & Older
Fee: $40R / $60NR
Min/Max: 4/8
Reg. Deadline: April 19, 2013

Fancy Night Out
Enjoy a juicy steak at Jimmy’s Charhouse in Libertyville. This program is offered in collaboration with SRSNLC—Zion.

Location: Jimmy’s Charhouse, Libertyville
Age: 13 & Older
Fee: $40R / $60NR
Min/Max: 4/12
Reg. Deadline: August 2, 2013

Spend a relaxing day at the beach in Silver Lake, Wisconsin complete with swimming and games. Picnic lunch is provided. This program is offered in collaboration with SRSNLC—Waukegan.

Location: Silver Lake, Wisconsin
Age: 13 & Older
Fee: $12R ($18 door-to-door)/ $18NR
Min/Max: 4/12
Reg. Deadline: Two weeks prior.
For those who love music, dancing, and socializing, SRSNLC—Zion hosts regular theme dances. Fee includes door prize, refreshments, and a whole lot of dancing.

May—Memorial Day Bash  
June—Summer Sun  

**Location:** Leisure Center, Zion  
**Event Time:** 7:00pm-9:00pm  
**Age:** 13 & Older  
**Min/Max:** 4/12  
**Fee:** $12R ($18 door-to-door) / $18NR  
**Reg. Deadline:** One week prior.

### Monday Movie Club

See it on the big screen. Monday Movie Club participants enjoy a movie at Marcus Gurnee Cinema once a month. Price includes movie ticket. Times and theatre subject to change based on movie selection.

**Location:** Gurnee Cinema, Gurnee  
**Age:** 13 & Older  
**Min/Max:** 4/12  
**Fee:** $18R / $27NR  
**Reg. Deadline:** One week prior.

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### Denny’s and a Matinee

Friends from SRSNLC Lindenhurst and Zion meet once a month for brunch at Denny’s followed by a movie at Gurnee Cinema. Brunch and movie ticket included.

**Location:** Gurnee, Illinois  
**Age:** 16 & Older  
**Min/Max:** 2/10  
**Fee:** $28R / $42NR  
**Reg. Deadline:** One week prior.

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### Pizza and a Movie

It is Friday night and that can only mean one thing… Pizza and a Movie. Join your friends for delicious pizza and the latest DVD. Register for one or all—new movies each date.

**Location:** Community Center  
**Age:** 13 & Older  
**Min/Max:** 4/16  
**Fee:** $12R / $18NR  
**Reg. Deadline:** Two weeks prior.

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### Helping Hearts

Helping Hearts is a participant-led service organization. Participants take an active role in choosing, planning, and implementing service projects that benefit Lindenhurst and surrounding communities under the guidance of SRSNLC staff and volunteers.

**Location:** Community Center  
**Age:** 13 & Older  
**Min/Max:** 4/12  
**Fee:** $15R / $23NR  
**Reg. Deadline:** June 6, 2013

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<td>6/13-6/27</td>
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### Dinner Group

Socialize with friends over dinner while practicing important skills such as ordering, meal etiquette, and determining gratuity. All expenses included.

June—Timothy O’Toole’s, Gurnee  
July—Tropics, Winthrop Harbor

**Location:** Varies - Meet at the Lindenhurst Park District  
**Age:** 16 & Older  
**Min/Max:** 4/12  
**Fee:** $25R ($31 door-to-door) / $38NR  
**Reg. Deadline:** Two weeks prior.

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### Dave and Buster’s

Enjoy lunch and an afternoon playing games at Dave and Buster’s in Wauwatosa, Wisconsin. Lunch and a $20 Power Card is included—participants may bring extra money to reload their Power Card.

**Location:** Wauwatosa, Wisconsin  
**Age:** 18 & Older  
**Min/Max:** 4/12  
**Fee:** $42R / $63NR  
**Reg. Deadline:** May 22, 2013

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### Crafty Creations

Crafty Creations is ideal for those who love art and creativity. Each participant will create a custom project perfect for display. Each craft is selected to promote creativity and develop fine motor skills.

**Location:** Community Center  
**Age:** 13 & Older  
**Min/Max:** 3/8  
**Fee:** $15R / $23NR  
**Reg. Deadline:** Two weeks prior.

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**Special Olympics Volleyball**

Bump, Set, Spike! Learn new or improve your existing volleyball skills, compete against other SRAs, and participate in both the Special Olympics District Tournament on September 22nd and the ITRS/PSD Tournament on October 6th. Program fee includes transportation to practices/games from the Community Center. **Note:** A current medical application for Special Olympics must be on file at time of registration.

**Location:** Zion Leisure Center  
**Age:** 13 & Older  
**Min/Max:** 6/12  
**Fee:** $75R / $113NR  
**Reg. Deadline:** July 5, 2013

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**Recreational Bowling**

Spare us the thought of having to bowl without you. This non-competitive bowling league is perfect for seasoned and new bowlers to improve their skills. Two games of bowling and shoe rental is included.

**Location:** Pinsters Bowl & Bar, Zion  
**Age:** 13 & Older  
**Fee:** $50R / $75NR  
**Reg. Deadline:** May 16, 2013

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**Walk, Run, & Roll**

Walk, run, and roll your way into shape. Increase your stamina in this four-week program designed to get you active and increase your heart rate. Please bring a water bottle and wear athletic shoes to each class.

**Location:** Community Center  
**Age:** 13 & Older  
**Min/Max:** 4/12  
**Fee:** $8R / $12NR  
**Reg. Deadline:** May 30, 2013

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**Lunch and Mini Golf**

Start your day with lunch at the Brat Stop in Kenosha, Wisconsin. Then head to Action Territory to test your skills at miniature golf.

**Location:** Kenosha, Wisconsin  
**Age:** 18 & Older  
**Min/Max:** 4/10  
**Fee:** $25R ($31 door-to-door) / $38NR  
**Reg. Deadline:** May 10, 2013

---

**Rainbow Falls Waterpark**

Enjoy a unique tropical experience at the hottest place to cool off this summer. Attractions include:

- Sunfish Bay Leisure Pool
- Barracuda Bowl Vortex Pool
- Dolphin Dive & Drop Pools
- Raging Reptile River
- Pelican’s Peak 3-Story Funhouse & Plunge
- Calypso Twist Giant Body Slides

Remember your swimsuit, towel, sunblock, and money for lunch and concessions.

**Location:** Elk Grove, Illinois  
**Age:** 13 & Older  
**Min/Max:** 4/12  
**Fee:** $40R / $60NR  
**Reg. Deadline:** August 6, 2013

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**Chain O’Lakes State Park Horseback Riding**

Take a relaxing 40-minute guided horseback ride through Chain O’ Lakes State Park. Enjoy colorful meadows and lush green forest where deer, hawks & eagles abound. Lunch at KC’s Cabin is included. **Note:** Participants must be able to ride horses independently.

**Location:** Spring Grove, Illinois  
**Age:** 15 & Older  
**Min/Max:** 4/12  
**Fee:** $50R / $75NR  
**Reg. Deadline:** June 1, 2013

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**Swimming with Autism**

Designed specifically for children and adults with Autism, this family open swim allows you to forget about the worries and hassles of a crowded public swim. This is a non-instructional program; parent/guardian supervision is required.

**Location:** Round Lake Area Park District Aquatic Center  
**Event Time:** 11:30am-12:30pm  
**Age:** All Ages  
**Fee:** $30 per family  
**Reg. Deadline:** Two weeks prior.

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**Schaumburg Boomers**

Batter up! Cheer on the Schaumburg Boomers as they take on the Traverse City Beach Bums at the Schaumburg Baseball Stadium.

**Location:** Schaumburg, Illinois  
**Age:** 13 & Older  
**Min/Max:** 6/12  
**Fee:** $20R / $30NR  
**Reg. Deadline:** July 5, 2013
Mess-terpiece
Spend an afternoon enjoying sensory experiences. Dabble in slime, goop, Oobleck, and shaving cream. We provide the projects, materials, and most importantly, the cleanup while you enjoy making a mess with your child. Smocks or old clothes are recommended for both child and parent.

Location: Community Center
Age: 4-9 Years Old With Parent
Min/Max: 4/8
Fee: $10R / $15NR
Reg. Deadline: July 11, 2013

Bowling Bash
Spend an afternoon hitting the lanes at Pinster’s Bowl at SRSNLC’s Bowling Bash. Teens will participate in two games of bowling, socialize, and enjoy pizza. This non-competitive bowling party is perfect for seasoned and new bowlers to improve their skills. Shoe rental is included.

Location: Pinster’s Bowl & Bar, Zion
Event Time: 4:00pm-5:30pm
Age: 10-19 Years Old
Min/Max: 4/8
Fee: $15R / $23NR
Reg. Deadline: June 13, 2013

Snack Factory
Does your little one like to help in the kitchen? Learn to create simple and age-appropriate recipes. Measure, mix, and do a little baking to create some cute and tasty snacks. Take home two new recipe cards each week. Recipes may include common food allergens.

Location: Community Center
Age: 5-10 Years Old With Parent
Min/Max: 4/8
Fee: $30R / $45NR
Reg. Deadline: June 3, 2013

Sensory Art
Daily life can be filled with numerous non-tactile stimuli such as television, video games, ipods, and computers. In Sensory Art, your child participates in a variety of art activities designed to promote tactile stimulation. Dabble in shaving cream, sprinkle colored rice, squeeze moist clay, and finger paint—your senses will thank you. Emphasis is placed on the art process rather than the finished product.

Location: Community Center
Age: 3-5 Years Old With Parent
Min/Max: 4/8
Fee: $10R / $15NR
Reg. Deadline: July 11, 2013

Action Territory
Start your day with lunch at the Brat Stop in Kenosha, Wisconsin. Then head to Action Territory to test your skills at miniature golf.

Location: Kenosha, Wisconsin
Age: 10-17 Years Old
Min/Max: 4/10
Fee: $25R ($31 door-to-door) / $38NR
Reg. Deadline: May 10, 2013

Aquanut Waterski Show
The most amazing waterski show is right here in our own backyard—Twin Lakes, Wisconsin. The Aquanuts amaze audiences with their pyramids, stunts, and impressive skills. Please bring a small blanket, tarp, or folding chair. Refreshments will be served during the performance.

Location: Twin Lakes, Wisconsin
Age: 10-17 Years Old
Min/Max: 4/12
Fee: $8R / $12NR
Reg. Deadline: June 7, 2013

Swimming with Autism
Designed specifically for children and adults with Autism, this family open swim allows you to forget about the worries and hassles of a crowded public swim. This is a non-instructional program; parent/guardian supervision is required.

Location: Round Lake Area Park District Aquatic Center
Event Time: 11:30am-12:30pm
Age: All Ages
Min/Max: 4/8
Fee: $30 per family
Reg. Deadline: Two weeks prior.
**Special Olympics Tennis**

Grab your tennis racquet and join the Superstars this summer as we work on our tennis skills. Whether you are a beginner or an old pro, SRSNLC will help you prepare to compete at the Special Olympics tournament in July. A medical application for Special Olympics must be on file and current.

*No practice May 27th*

- **Location:** Washington Street Tennis Court
- **Age:** 8 & up
- **Min/Max:** 4/12
- **Fee:** $60R / $90NR
- **Reg. Deadline:** May 13, 2013

**Upcoming Special Olympics Dates**

- **Area 13 Bowling Tournament**
  June 2nd
- **Summer Games**
  June 14th - 16th
- **Multi-Area Tennis Competition**
  July 20th

**Outdoor Sports Festival**

September 7th - 8th

*Please note dates are subject to change, please contact Lisa Deligio, Program Supervisor at 847-740-9828 for more information.*

**Special Olympics Golf**

NEW DAY!!!!!

FORE! Practice your putting and take a few swings with SRSNLC this summer. Join the Round Lake Golf Team as they enjoy this lifetime sport. This program will focus on the basic skills to play a game of golf and is appropriate for any level golfer.

- **Location:** Renwood Golf Course Driving Range
- **Age:** 8 & up
- **Min/Max:** 4/12
- **Fee:** $60R / $90NR
- **Reg. Deadline:** May 28, 2013

**Can You . . . Canoe?**

“It is better I say to make your own way as the world you go traveling through...You never will sigh if you only will try to paddle your own canoe.” - “Unknown”

Come out for a fun filled day with morning canoe lessons on a safe and closed water environment, a lunch time picnic, and some afternoon field games to kick off the summer.

*Participants must wear a life jacket at all times in the canoe. Life jackets are provided. Please wear clothes that can get wet*

- **Location:** Meet at the Round Lake Area Park District Sports Center
- **Age:** 8 & up
- **Min/Max:** 4/12
- **Fee:** $10R / $20NR
- **Reg. Deadline:** June 7, 2013

**Attention SRSNLC Round Lake Athletes**

Look in your mail for your invitation for the Inaugural SRSNLC Round Lake Special Olympics Awards Dinner being held this August at the Round Lake Area Park District Sports Center

**Outdoor Sports Festival**

September 7th - 8th

*Please note dates are subject to change, please contact Lisa Deligio, Program Supervisor at 847-740-9828 for more information.*

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**Round Lake Area Park District**

- **Location:** Meet at the Round Lake Area Park District Sports Center
- **Age:** 8 & up
- **Min/Max:** 4/12
- **Fee:** $10R / $20NR
- **Reg. Deadline:** June 7, 2013

**Outdoor Sports Festival**

September 7th - 8th

*Please note dates are subject to change, please contact Lisa Deligio, Program Supervisor at 847-740-9828 for more information.*
Rent the Musical

Everyone has a life story….this is THEIRS! Rent follows a year in the life of a group of friends struggling to make it in the big city. We will eat lunch at Culver’s restaurant and then head to an afternoon matinee at James Lumbar Center for the Performing Arts in Grayslake. Please make sure to bring money for lunch. Sign up yourself or sign up the whole family!

Meet Location: Round Lake Area Park District Teen Center
Location: Grayslake, IL
Age: 18 & Older
Min/Max: 4/12
Fee: $22R / $33NR
Reg. Deadline: July 5, 2013

CODE    DAY      DATE          TIME
RL16291  Su 7/21 12:15pm-5:15pm

Boomers Baseball

Batter up! Cheer on the Schaumburg Boomers as they take on the Traverse City Beach Bums at the Schaumburg Baseball Stadium.

Meet Location: Round Lake Area Park District Teen Center
Location: Schaumburg, IL
Age: 13 & Older
Min/Max: 4/12
Fee: $20R / $30NR
Reg. Deadline: July 5, 2013

CODE    DAY      DATE          TIME
RL16290  F 8/16 3:45pm-10:15pm

Friday Night Premiers

Come see the newest blockbuster with SRSNLC. Price includes small popcorn and drink. Door to door transportation provided for Round Lake, Fox Lake and Lake Villa residents only.

MONSTERS UNIVERSITY
Meet Location: Round Lake Area Park District Teen Center
Location: Fox Lake Theater
Age: 13 & Older
Min/Max: 4/12
Fee: $22R / $33NR  Door-to-Door: $6
Reg. Deadline: June 21, 2013

CODE    DAY      DATE          TIME
RL16257  F 6/28 5:30pm-9:00pm

DESPICABLE ME 2
Meet Location: Round Lake Area Park District Teen Center
Location: Fox Lake Theater
Age: 13 & Older
Min/Max: 4/12
Fee: $22R / $33NR  Door-to-Door: $6
Reg. Deadline: July 19, 2013

CODE    DAY      DATE          TIME
RL16258  F 7/26 5:30pm-9:00pm

Feast with the Beasts

It’s time to Feast with the Beasts at the Milwaukee County Zoo. This annual festival is full of food, music, animals, and adventure. Lunch is included.

Meet Location: Round Lake Area Park District Teen Center
Location: Milwaukee, WI
Age: 13 & Older
Min/Max: 4/12
Fee: $25R / $38NR
Reg. Deadline: July 26, 2013

CODE    DAY      DATE          TIME
RL16247  Th 8/15 8:30am-4:00pm

Rivers Casino

Do you think you’re lucky? Then you should join SRSNLC in Des Plaines at Rivers Casino for an afternoon of playing the slots. This trip is for those who are 21 years and older. Don’t forget to bring money to gamble with and money for lunch.

Note: Participants must bring a valid state identification card.

Meet Location: Round Lake Area Park District Teen Center
Location: Des Plaines, IL
Age: 21 & Older
Min/Max: 4/12
Fee: $20R / $30NR
Reg. Deadline: July 30, 2013

CODE    DAY      DATE          TIME
RL16260  Tu 8/6 10:00am-3:00pm
Sensory Station
At Sensory Station, you and your child will participate in a variety of activities designed to promote tactile stimulation. Dabble in shaving cream, sprinkle colored rice, squeeze moist clay or relax on our bean bag chairs. Emphasis is placed on having fun in a calm environment. Each week we will offer different activities for you and your child to choose from while socializing with other families. Please come dressed to get messy.

Location: RLAPD Teen Center
Age: 2-6 Years Old
Min/Max: 4/12
Fee: $5 for 1st Child / $3 for add’l children (R)
$8 for 1st Child / $5 for add’l children (NR)
Reg. Deadline: One week prior

SRSNLC
Preschool Swim
This class orients young swimmers to the aquatic environment. This class focuses on supported floating, beginning arms and kicks, as well as fun and enjoyment. The zero depth pool allows children to learn at a pace that is comfortable for them. Swimmers will work on individual goals based on ability. Children in diapers must wear swim diapers.

Location: Robert W. Rolek Comm. Center, Aquatic Center and Nature Museum
Age: 4-5 Years
Fee: $53R / $70NR
Reg. Deadline: One week before each program

SRSNLC
Youth/Teen Swim
This class orients swimmers to the aquatic environment. This class focuses on supported floating, beginning arms and kicks, as well as fun and enjoyment. The zero depth pool allows swimmers to learn at a pace that is comfortable for them. Swimmers will work on individual goals based on ability.

Location: Robert W. Rolek Comm. Center, Aquatic Center and Nature Museum
Age: 6-18 Years
Fee: $53R / $70NR
Reg. Deadline: One week before each program

SRSNLC
Adult Beginner Swim
It’s never too late to learn how to swim. This class orients adult swimmers to the aquatic environment. This class focuses on supported floating, beginning arms and kicks, as well as fun and enjoyment. The zero depth pool allows swimmers to learn at a pace that is comfortable for them. Swimmers will work on individual goals based on ability.

Location: Robert W. Rolek Comm. Center, Aquatic Center and Nature Museum
Age: 19 & Older
Fee: $53R / $70NR
Reg. Deadline: One week before each program

Saturday Nights @ the Teen Center
Saturday Nights @ the Teen Center is going to be a whole bunch of fun. We will either be watching a movie, checking out some sports, or maybe play some games.

Location: Teen Center
Age: 13 & Older
Fee: $6R / $9NR
Reg. Deadline: One week before each program

ROUND LAKE Swim Lessons
T.O.D.A.Y. Club - Together Opening Doors Around You, is a program designed for adults, ages 18 and older, looking to enrich their lives in a safe and nurturing environment. As an alternative to the work place, the T.O.D.A.Y. Club will provide a safe environment for life skill education and social development through innovative activities, hands on learning and peer interaction. We will celebrate each day by exploring the participant’s community, resources, and personal potential. The program runs from 10:00am-3:00pm.

Location: RLAPD Teen Center
Reg. Deadline: One week prior
Min/Max: 4/24

JUNE
DAYS CODE PRICE
M/W/F RL16220 $360/$375

JULY
DAYS CODE PRICE
M/W/F RL16224 $420/$435

AUGUST
DAYS CODE PRICE
M/W/F RL16223 $390/$405

ROUND LAKE • 847-740-9828 • www.rlapd.org
General Programs

It's time to get up, get moving and walk those bodies into shape. Each week we will head to the Hinkston Park and walk or use the fitness equipment in the Field House. After the workout, we will do some stretching and enjoy the weather by sitting down and eating a healthy snack.

**Location:** The Field House at Hinkston Park

**Age:** 13 & Older

**Min/Max:** 4/10

**Fee:** $40R ($52 w/transportation) / $60NR

**Reg. Deadline:** June 19, 2013

**Time to Spare Bowling**

Bowling can help improve hand-eye coordination, strength, flexibility, and gross motor skills. Socialize while you wait for your turn. Fee will include two games of bowling and rental shoes for 8 weeks. Bowlers will receive refreshments, snacks, and a prize on the last day of class.

**Transportation is NOT provided.**

**Location:** Sunset Lanes

**Age:** 13 & Older

**Min/Max:** 6/24

**Fee:** $75R / $112NR

**Reg. Deadline:** June 3, 2013

**Weekday Fitness**

It's time to get up, get moving and walk those bodies into shape. Each week we will head to the Hinkston Park and walk or use the fitness equipment in the Field House. After the workout, we will do some stretching and enjoy the weather by sitting down and eating a healthy snack.

**Location:** The Field House at Hinkston Park

**Age:** 13 & Older

**Min/Max:** 4/10

**Fee:** $40R ($52 w/transportation) / $60NR

**Reg. Deadline:** June 19, 2013

**Green Thumb Gardeners**

“Adopt the pace of nature: her secret is patience”  
- Ralph Waldo Emerson

This program is your chance to get your hands dirty and find out if you have a green thumb. Participants will learn how to maintain the Special Recreation flower box in our community garden. Each week will also consist of a lesson and gardening experience. Let us help you find a new hobby that encourages patience, peacefulness, and learning how to take care of the earth.

*Participants will meet at the Douglas House in case of inclement weather.

**Location:** Bowen Park, Children’s Garden

**Age:** 13 & Older

**Min/Max:** 4/8

**Fee:** $27R ($35 w/transportation) / $40NR

**Reg. Deadline:** August 5, 2013

**Pathfinders**

Ready to blaze your own trail? Come along as SRSNLc explores the local forest preserves and community parks. Learn about nature and socialize with friends. Each week will be a different trail, a new activity and a healthy snack. Discover the calming effects of nature. During inclement weather we will walk inside at the Field House.

**Location:** Lake County Forest Preserves & Waukegan Parks

**Age:** 13 & Older

**Min/Max:** 4/10

**Fee:** $24R ($36 w/transportation) / $36NR

**Reg. Deadline:** May 8, 2013

**Dollar Sign – Bring Spending Money**

Programs with this symbol require additional money be brought for the purchase of a meal or souvenirs.

**Groovin’ Grillers**

Bring your appetites and fire up the grill for this three-week program! Learn how to grill and make tasty cook-out dishes, sides, and desserts. Food and drink is included in the fee.

**Location:** Douglas House / Upton Park

**Age:** 13 & Older

**Min/Max:** 4/10

**Fee:** $25R ($37 w/transportation) / $38NR

**Reg. Deadline:** May 16, 2013

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**PROGRAM GUIDE KEY**

**BUS – Door to Door**
Programs with this symbol offer door to door transportation with additional fee.

**HOUSE – Transportation Home Only**
Programs with this symbol offer transportation home only.

**DOLLAR SIGN – Bring Spending Money**
Programs with this symbol require additional money be brought for the purchase of a meal or souvenirs.

**Transportation applies to Waukegan In-district residents only.**
Develop your sense of taste as we sample local eateries in the Waukegan area. Enjoy the company of the other diners in a relaxed atmosphere and dine on the local cuisine. Fee includes your meal and transportation to and from the establishment.

**Restauranteurs**

**Age:** 13 & Older  
**Min/Max:** 4/10  
**Fee:** $26R / $39NR per outing

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<tbody>
<tr>
<td>W6792</td>
<td>Th</td>
<td>5/16</td>
<td>Tina’s Italian Bake Shop</td>
<td>5:30pm-7:00pm</td>
<td>5/8</td>
</tr>
<tr>
<td>W6793</td>
<td>Th</td>
<td>6/13</td>
<td>Baker’s Square</td>
<td>5:30pm-7:00pm</td>
<td>6/5</td>
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<tr>
<td>W6794</td>
<td>Th</td>
<td>7/18</td>
<td>Buffalo Wild Wings</td>
<td>5:30pm-7:00pm</td>
<td>7/10</td>
</tr>
<tr>
<td>W6795</td>
<td>Th</td>
<td>8/29</td>
<td>In-Law’s</td>
<td>5:30pm-7:00pm</td>
<td>8/21</td>
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</tbody>
</table>

Enjoy listening to music outside! We will travel to Viking Park theatre for an evening full of entertainment as well as eat a snack. If weather does not cooperate, we will rent a movie and watch it at the Douglas House.

**Concerts in the Park**

**Location:** Viking Park, Gurnee  
**Age:** 13 & Older  
**Min/Max:** 4/10  
**Fee:** $16R / $24NR  
**Reg. Deadline:** One week prior to the program.

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<td>W6797</td>
<td>Th</td>
<td>7/11</td>
<td>7:00pm-8:30pm</td>
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<tr>
<td>W6798</td>
<td>Th</td>
<td>7/25</td>
<td>7:00pm-8:30pm</td>
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The average American watches 4.5 hours of television every day. That is way too much! Get out and about to enjoy the community. Every program offers the chance to increase social skills, make friends, and get off your couch!

**Out & About**

**Activity:** Summer Sun: Zion Social Club Dance  
**Location:** Zion Leisure Center  
**Age:** 13 & Older  
**Min/Max:** 4/8  
**Fee:** $6R / $9NR  
**Reg. Deadline:** May 17, 2013

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<td>W6788</td>
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<td>6/20</td>
<td>approx. 7:00pm-9:00pm</td>
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<tr>
<td>W6789</td>
<td>Th</td>
<td>8/22</td>
<td>approx. 7:00pm-9:00pm</td>
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Week O’ Fun

Miss those days at camp with your friends? SRSNLC has the answer, Week O’ Fun. Your week will include a variety of summer activities that you won’t soon forget! Use this opportunity to socialize, learn a new skill, and enjoy the end of summer.

**Location:** Douglas House  
**Age:** 13 & Older  
**Min/Max:** 4/10  
**Fee:** $60R ($72 w/transportation) / $90NR  
**Reg. Deadline:** July 29, 2013

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<td>M-F</td>
<td>8/5-8/9</td>
<td>6:30pm-8:30pm</td>
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</table>

**Activity:** Karaoke Party  
*Snack Included  
**Location:** Douglas House  
**Age:** 13 & Older  
**Min/Max:** 4/8  
**Fee:** $10R / $15NR  
**Reg. Deadline:** August 14, 2013

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<tr>
<td>W6740</td>
<td>W</td>
<td>8/21</td>
<td>6:00pm-7:30pm</td>
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</table>
Get on your dancing shoes. We will be hitting the dance scene all summer long. Let SRSNLC introduce you to new friends all over the Lake county area. See the Cooperative page for all prices.

**Location:** Varies  
**Age:** 13 & Older  
**Min/Max:** 4/10  
**Fee:** Varies see pages 4 & 5 for more info  
**Reg. Deadline:** Three weeks before program

### Saturday Socialites

Don’t be a wall-flower, spend your Saturdays with some friends from SRSNLC. Let Socialites help you practice your social skills, find new and exciting activities, and get to know the community. Price includes activities and a snack.

- **Location:** Varies  
- **Age:** 5-12 Years  
- **Min/Max:** Varies  
- **Reg. Deadline:** One week before program

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<tr>
<td>W6589</td>
<td>Sa</td>
<td>5/18</td>
<td>Let’s Go Fly a Kite</td>
<td>9:00am-11:00am</td>
<td>$6R / $9NR</td>
</tr>
<tr>
<td>W6590</td>
<td>Sa</td>
<td>8/24</td>
<td>Movie Matinee</td>
<td>12:30pm-4:00pm</td>
<td>$15R / $22NR</td>
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</table>

### Teen Scene

Looking for a summer hang-out? Hit the Teen Scene! Programs promote self-esteem, support social skills and invite participants to experience new activities. Each month will be a new activity. Snacks will be provided.

- **Location:** Varies  
- **Age:** 13-21 Years  
- **Min/Max:** Varies  
- **Reg. Deadline:** One week before program

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<tr>
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<tbody>
<tr>
<td>W6589</td>
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<tr>
<td>W6740</td>
<td>W</td>
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<td>6:00pm-7:00pm</td>
<td>$10R / $15NR</td>
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<tr>
<td>W6590</td>
<td>Sa</td>
<td>8/24</td>
<td>Movie Matinee</td>
<td>12:30pm-4:00pm</td>
<td>$15R / $22NR</td>
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### Summer Camps

Looking for full or half day options during the week? We have the camp for you! Camps run from 4-8 weeks and include 6 fieldtrips, swimming, crafts and more!

#### After School Action

Is for kids ages 5-12 with any disability and runs in conjunction with summer school.

#### Campapalooza

Is for kids 5-12 with any disability. This camp is full days Monday through Friday. Each session is two weeks and you can sign up for one or all four sessions.

#### TNT Camp

Is for teens with a developmental disability ages 13-22 and runs in conjunction with summer school. TNT offers full day options for eight weeks and half day options for four weeks.
The most amazing water ski show is right here in our back yard in Twin Lakes, WI. The Aquanuts will amaze you with the things they can do on water skis! We will have snacks & drinks available during the show.  
*Please bring a blanket or foldable chair to sit on during the show.*

**Aquanuts Water Show**

**Location:** Twin Lakes, WI  
**Age:** 13 & Older  
**Min/Max:** 5/12  
**Fee:** $8R / $12NR  
**Reg. Deadline:** June 7, 2013

---

This is your chance to strut your stuff in the Waukegan Park District Independence Day Parade. Walk, sing, dance and cheer because you represent Special Recreation. Participants will help decorate the van, and walk down Sheridan Road in the parade.  
*Transportation is NOT provided.*

**Celebrate Good Times**

**Location:** Douglas House  
**Age:** All  
**Min/Max:** 4/12  
**Fee:** FREE  
**Reg. Deadline:** June 24, 2013  
**Meet at the Douglas House:** 10:30am

---

Batter up! Cheer on the Schaumburg Boomers as they take on the Traverse City Beach Bums at the Schaumburg Baseball Stadium.

**Schaumburg Boomers**

**Location:** Douglas House  
**Age:** 13 & Older  
**Min/Max:** 6/12  
**Fee:** $20R / $30NR  
**Reg. Deadline:** July 5, 2013

---

**American Independence Parade & Festivities**

American Independence Parade starts at 1:00pm and follows Sheridan Road north to Greenwood Ave. The festival, which runs from 2:30-5pm in Bowen Park, includes a petting zoo, climbing wall, dunk tank, children’s stage, main stage, skatepark, expo, food vendors, arts and crafts, and children’s games. Food vendors start selling at 11:30am. This is a FREE event!

**Location:** Sheridan Road & Bowen Park  
**Age:** All  
**Fee:** FREE

---

Win fantastic prizes for the largest fish caught in the following categories: 4 years and younger, 5-8 years, 9-12 years, 13-16 years and 17 and older. A limited supply of fishing poles are available with valid ID (first come, first serve). Get an early start and your best fishing spot by pre-registering for this event! Pre-registration begins at 7:00am. Onsite registration begins at 7:30am. For more information call 847-360-4700.

**Fishing Derby**

**Location:** Bevier Park, Waukegan  
**Age:** All  
**Pre-registration Fee:** $3R / $5NR  
**Onsite Registration:** $5  
**Registration Deadline:** June 7, 2013

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To learn more about programs SRSNLC is offering in cooperation with the Waukegan Park District CALL THE SRSNLC OFFICE at 847•360•4760

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**Waukegan Inclusive Opportunities**
**Softball**

Put me in coach. I’m ready to play, today! Grab your glove and bat and head to the field! Softball is back in season. Athletes will practice batting, fielding, and catching to improve their skills before competing against other teams in their area. The ITRS/PSD Softball Tournament will be in July. The Special Olympics Softball Tournament will also be held in July.

* A Medical Application for Special Olympics must be on file and current.

**Location:** Victory Park  
**Age:** 13 & Older  
**Min/Max:** 10/15  
**Fee:** $45R / $60NR  
**Reg. Deadline:** April 30, 2013

**Code** | **Day** | **Date** | **Time**
---|---|---|---
W6181 | Tu | 5/14-7/16 | 6:30pm-8:00pm

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**Special Olympics Bowling Tournament**

Show off your bowling skills at the Special Olympics Bowling Tournament in Lake Zurich. Meals will be provided to athletes. Remember to be dressed in uniform. To register for this program, participants must have registered for Time to Spare Bowling in either Fall 2012 or Winter/Spring 2013.  

* A Medical Application for Special Olympics must be on file and current.

**Location:** The Brunswick Zone, Lake Zurich  
**Age:** 8 & Older  
**Min/Max:** 2/10  
**Fee:** $16R / $24NR  
**Reg. Deadline:** May 1, 2013

**Code** | **Day** | **Date** | **Time**
---|---|---|---
W6136 | Su | 6/2 | 8:30pm-3:30pm

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**Family Zumba**

Make a commitment to get healthy with your family! Zumba combines Latin American music and dance to create one great class that feels more like a party than a work-out. We’ll begin with the basics, so everyone can join with or without previous dance experience. The fee is a family rate for up to four people; each additional member will be charged $5. At least one member of the family must have a disability. **One member of the family must also be over 18 and not a regular SRSNLC participant.**

**Location:** Douglas House (Outside)  
**Age:** 10 & Older  
**Min/Max:** 12/30  
**Fee:** $20R / $30NR  
**Reg. Deadline:** June 14, 2013

**Code** | **Day** | **Date** | **Time**
---|---|---|---
W6231 | Sa | 6/22-7/27 | 9:00am-9:45am

---

**Tennis**

Serve your way into the summer and join SRSNLC in a game or two. Whether you are a beginner or an old pro, this program will help you get ready to compete at the Special Olympics Tournament in July.  

* A Medical Application for Special Olympics must be on file and current.  
* No program on Thursday, July 4

**Location:** Douglas House  
**Age:** 8 & Older  
**Min/Max:** 2/6  
**Fee:** $60R / $90NR  
**Reg. Deadline:** May 23, 2013

**Code** | **Day** | **Date** | **Time**
---|---|---|---
W6189 | Th | 5/30-7/18 | 4:00pm-5:15pm

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**All-Star Volleyball**

Bump, Set, Spike! Grab your friends and get ready to compete. Practice your serve and improve your digging skills as we compete against other local Special Recreation Associations. Athletes are eligible for local competitions and the Special Olympics District Meet in September. The ITRS/PSD tournament will be held in October.  

* A Medical Application for Special Olympics must be on file and current.

**Location:** The Field House  
**Age:** 13 & Older  
**Min/Max:** 6/10  
**Fee:** $60R / $90NR  
**Reg. Deadline:** July 17, 2013

**Code** | **Day** | **Date** | **Time**
---|---|---|---
W6190 | Tu | 8/6-10/1 | 6:30pm-8:00pm

---
**Softball**

One, Two, Three strikes YOU’RE OUT! Come join the SRSNLC Northstars softball team. The team is for any level of player. We will work on hitting, catching, fielding the ball, and all the other basic skills needed to play softball.

**Location:** Diamond 4, Shiloh Park  
**Age:** 13 & Older  
**Min/Max:** 10/15  
**Fee:** $60R / $90NR  
**Reg. Deadline:** April 2, 2013

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<tbody>
<tr>
<td>Z7034</td>
<td>Tu</td>
<td>5/7-7/21</td>
<td>6:00pm-7:00pm</td>
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</table>

**Bowling**

Come join a great group of people once a week for a fun, non-competitive evening of bowling. Bowling includes 2 games of bowling and shoes.

*There will be NO Bowling 7/4*

**Location:** Pinsters Bowl & Bar, Zion, IL  
**Age:** 8 & Older  
**Min/Max:** 10/50  
**Fee:** $6.50R per day / $9.75NR per day  
$75R per session / $112.50NR per session  
**Reg. Deadline:** May 10, 2013

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<td>Z7040</td>
<td>Th</td>
<td>5/30-8/22</td>
<td>4:00pm-5:30pm</td>
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**Aerobics**

This class is taught by a certified aerobics instructor. You will work out to fun music while working on balance, muscle strength, flexibility, & endurance. This class is great for those with mobility issues. Different instruments will be used to help everyone be successful in this class!

*There will be NO Aerobics 6/12, 7/3 & 7/17*

**Location:** Rooms 3 & 4, Leisure Center  
**Age:** 13 & Older  
**Min/Max:** 6/30  
**Fee:** $40R / $60NR  
**Reg. Deadline:** May 3, 2013

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<tr>
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<td>6/2</td>
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**Golf**

SRSNLC is back in full swing. Join us for a great season of golf. We will be providing partners for unified golf for anyone interested. Anyone can join from beginners to experienced golfers. Special Olympics Unified Golf tournament will be held at Rob Roy Golf Course on 7/29. Special Olympics 9 & 5 Hole tournaments will be held 8/5 at Bartlett Hills Golf Course.

**Must have a current Special Olympics application on file**

**Location:** Shiloh Golf Course  
**Age:** 13 & Older  
**Min/Max:** 4/12  
**Fee:** $60R / $90NR  
**Reg. Deadline:** April 19, 2013

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<td>Tu</td>
<td>5/7-8/5</td>
<td>6:00pm-7:00pm</td>
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</table>

**Tennis**

Serve your way into the summer and join SRSNLC in a game or two. Whether you are a beginner or an old pro, this program will help you get ready to compete at the Special Olympics Tournament in July.

*A Medical Application for Special Olympics must be on file and current.  "No program on Thursday, July 4"

**Location:** Douglas House  
**Age:** 8 & Older  
**Fee:** $60R / $90NR  
**Reg. Deadline:** May 23, 2013

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<td>Th</td>
<td>5/30-7/18</td>
<td>4:00pm-5:15pm</td>
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**Special Olympics Bowling Tournament**

Come on out to Brunswick Zone in Deer Park to test your bowling skills and see if you can move on to the Sectional Tournament in Rockford!

**You must bowl in Winter/Spring & Summer bowling league to participate in this tournament.**

**Must have a current Special Olympics application on file**

**Location:** Meet at Special Rec Activity Room, Leisure Center  
**Age:** 8 & Older  
**Min/Max:** 3/12  
**Fee:** $10R / $15NR  
**Reg. Deadline:** April 12, 2013

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<td>Z7170</td>
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<td>6/2</td>
<td>TBA</td>
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**Volleyball**

Bump, Set, Spike! Come out for an exciting season of volleyball with the Northstars! We will work on basic skills and rules of the game.

**Must have a current Special Olympics application on file**

**Location:** Sports Arena, Leisure Center  
**Age:** 13 & Older  
**Min/Max:** 6/12  
**Fee:** $60R / $90NR  
**Reg. Deadline:** July 5, 2013

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<td>Tu</td>
<td>8/6-10/27</td>
<td>6:00pm-7:00pm</td>
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ZION • 847-746-5500 • www.zionparkdistrict.com
Do you love music, dancing, and socializing with friends? This is a great Friday night get away once a month! Each month is a different themed dance. Fee includes door prize, refreshments, and a whole lot of dancing.

5/3 - Memorial Day Bash
6/7 - Summer Sun
** NO DANCE IN JULY **

Location: Leisure Center Gym
Age: 13 & Older
Min/Max: 25/100
Fee: $6R per dance / $9NR per dance

Z7060-1  F 5/3  7:00pm-9:00pm
Registration Deadline: April 29, 2013

Z7060-2  F 6/7  7:00pm-9:00pm
Registration Deadline: May 17, 2013

Everybody loves BINGO! Join us twice a month for a fun filled evening of Bingo and prizes.

**Register for nights you are available or just drop on in with your $3**

Location: Special Rec Room, Leisure Center
Age: 10 & Older
Min/Max: 5/8
Fee: $3R per session / $5NR per session

CODE DAY DATE TIME
Z7158-1  Tu 5/7  5:30pm-6:30pm
Z7158-2  Tu 5/21 5:30pm-6:30pm
Z7158-3  Tu 6/4  5:30pm-6:30pm
Z7158-4  Tu 6/18 5:30pm-6:30pm
Z7158-5  Tu 7/9  5:30pm-6:30pm
Z7158-6  Tu 7/23 5:30pm-6:30pm
Z7158-7  Tu 8/6  5:30pm-6:30pm
Z7158-8  Tu 8/20 5:30pm-6:30pm
Z7158-9  All 8 sessions $21R / $32NR

Join us & let’s go to the Brat Stop in Kenosha, WI. for lunch and afterward we will go to Action Territory and do a little mini-golfin’!

Location: Meet at Special Rec Activity Room, Leisure Center
Age: 10-19 Years
Min/Max: 5/10
Fee: $25R / $38NR

Z7064-1  Sa 5/18  10:30am-2:30pm

Spend an afternoon hitting the lanes at Pinster’s Bowl at SRSNLC’s Bowling Bash. Teens will participate in two games of bowling, socialize, and enjoy pizza. This non-competitive bowling party is perfect for seasoned and new bowlers to improve their skills. Shoe rental is included.

Location: Pinster’s Bowl & Bar, Zion
Age: 10-19 Years
Min/Max: 4/8
Fee: $15R / $23NR
Reg. Deadline: June 13, 2013

Z7064-2  Th 6/27  4:00pm-5:30pm

The most amazing water ski show is right here in our back yard in Twin Lakes, WI. The Aquanuts will amaze you with the things they can do on water skis! We will have snacks & drinks available during the show.

*Please bring a blanket or foldable chair to sit on during the show.*

Location: Meet at Special Rec Activity Room, Leisure Center
Age: 10-19 Years
Min/Max: 5/12
Fee: $8R / $12NR
Reg. Deadline: June 7, 2013

Z7064-3  Sa 6/29  4:30pm-8:00pm
**Diner’s Club**

Take the evening off, get out of the house, and come on out for great food at local restaurants!

5/8 - *The Shanty*, Wadsworth, IL.
6/12 - *Timothy O’Toole’s*, Gurnee, IL.
7/8 - Tropics, Winthrop Harbor, IL.

**Location:** Meet at Special Rec Activity Room, Leisure Center

**Age:** 13 & Older

**Min/Max:** 6/12

**Fee:** $25R per outing / $37NR per outing

**Registration Deadline:**
- Z7104-1  W 5/8  5:00pm-9:00pm
- Z7104-2  W 6/12  5:00pm-9:00pm
- Z7104-3  M 7/8  5:00pm-9:00pm

**Fee:**
- $25R per outing / $37NR per outing

**CODE** | **DAY** | **DATE** | **TIME**
--- | --- | --- | ---
Z7104-1 | W | 5/8 | 5:00pm-9:00pm
Z7104-2 | W | 6/12 | 5:00pm-9:00pm
Z7104-3 | M | 7/8 | 5:00pm-9:00pm

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**Fiesta Dinner**

Spice up your senses with a great Mexican dinner served by your SRSNLC staff. Bring yourself and all of your friends for a great dinner.

**Please be on time, food is served promptly at 5:00pm**

**Location:** Rooms 3 & 4, Leisure Center

**Age:** 8 & Older

**Min/Max:** 10/50

**Fee:** $10R / $15NR

**Registration Deadline:**
- Z7164  W 7/17  5:00pm

---

**Grillin’ Night**

Do you like the great taste of food cooked on the grill? SRSNLC will cook up some great hamburgers, hot dogs and brats for you! All you have to do is show up.

**Please be on time, food is served promptly at 5:00pm**

**Location:** Exchange Shelter, Shiloh Park

**Age:** All

**Min/Max:** 10/50

**Fee:** $7R per dinner / $11NR per dinner

**CODE** | **DAY** | **DATE** | **TIME**
--- | --- | --- | ---
Z7076-1 | F | 6/28 | 5:00pm
Z7076-2 | F | 7/26 | 5:00pm
Z7076-3 | F | 8/9 | 5:00pm

**Registration Deadline:**
- Z7076-1  F 6/28  5:00pm
- Z7076-2  F 7/26  5:00pm
- Z7076-3  F 8/9  5:00pm

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**Fancy Night Out**

Come have a nice juicy steak or pork chop at Jimmy’s Charhouse in Libertyville, IL.

**Location:** Meet at Special Rec Activity Room, Leisure Center

**Age:** 13 & Older

**Min/Max:** 6/12

**Fee:** $40R / $60NR

**Reg. Deadline:** August 2, 2013

**CODE** | **DAY** | **DATE** | **TIME**
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Z7017 | W | 8/28 | 5:00pm-9:00pm
Lunch & Mini Golf
Join us & let’s go to the Brat Stop in Kenosha, WI. for lunch and afterward we will go to Action Territory and do a little mini-golfin’!

Location: Meet at Special Rec Activity Room, Leisure Center
Age: 13 & Older
Min/Max: 5/10
Fee: $25R / $38NR

CODE  DAY  DATE  TIME
Z7171  Sa  5/18  10:30am-2:30pm

Schaumburg Boomers
Batter up!
Cheer on the Schaumburg Boomers as they take on the Traverse City Beach Bums at the Schaumburg Baseball Stadium.

Location: Meet at Special Rec Activity Room, Leisure Center
Age: 13 & Older
Min/Max: 6/12
Fee: $20R / $30NR
Reg. Deadline: July 5, 2013

CODE  DAY  DATE  TIME
Z7154  Sa  5/4  9:00am-2:00pm

Southport Light Station Museum
Come join us as we explore the Maritime history of Southport in Kenosha, WI. at the Southport Light Station Museum. We will embark on a journey up the 55ft tall 1866 Southport Lighthouse. Lunch is included. Note: Participants must be able to climb stairs.

Location: Meet at Special Rec Activity Room, Leisure Center
Age: 13 & Older
Min/Max: 4/8
Fee: $40R / $60NR
Reg. Deadline: April 19, 2013

CODE  DAY  DATE  TIME
Z7026  Sa  5/18  10:30am-2:30pm

Aquanuts Water Show
The most amazing water ski show is right here in our back yard in Twin Lakes, WI. The Aquanuts will amaze you with the things they can do on water skis! We will have snacks & drinks available during the show.

*Please bring a blanket or foldable chair to sit on during the show.*

Location: Meet at Special Rec Activity Room, Leisure Center
Age: 10 & Older
Min/Max: 5/12
Fee: $8R / $12NR
Reg. Deadline: June 7, 2013

CODE  DAY  DATE  TIME
Z7020  Sa  6/29  4:30pm-8:00pm

Lake County Fair
Lake County Fair in Grayslake, IL. has so much to offer for the fair goer! Food, exhibits, shopping, farm animals, and carnival rides! Fee includes admission, transportation, and lunch.

Location: Meet at Special Rec Activity Room, Leisure Center
Age: 13 & Older
Min/Max: 4/8
Fee: $27R / $41NR
Reg. Deadline: July 3, 2013

CODE  DAY  DATE  TIME
Z7085  W  7/24  10:00am-3:00pm

Wildcat Mountain State Park Camping Trip
If you love fresh air, campfires, swimming, good home-cooked food and the great outdoors come join SRSNLCC for a great five days of camping at Wildcat Mountain State Park in Ontario, WI! Wildcat Mountain State Park is a sandstone bluff covered with limestone rising steeply above the Kickapoo River in Wisconsin’s driftless area! Come enjoy the beauty this park has to offer. Parts of this trip are not accessible.

*Participants wishing to attend this program must contact their agency’s Program Manager to determine eligibility prior to registration.*

Location: Meet at Special Rec Activity Room, Leisure Center
Age: 15 & Older
Min/Max: 4/12
Fee: $150R / $225NR
Reg. Deadline: July 5, 2013

CODE  DAY  DATE  TIME
Z7006  M-F  7/29-8/2  TBD
Let’s go fill our tummies with breakfast from Denny’s and then after go catch a flick at Gurnee Cinema.

**Location:** Meet at Special Rec Activity Room, Leisure Center

**Age:** 16 & Older

**Min/Max:** 4/8

**Fee:** $28R / $42NR

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<td>Z7161-3</td>
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**Registration Deadline:** April 26, 2013

**Registration Deadline:** June 7, 2013

**Registration Deadline:** June 29, 2013

**Registration Deadline:** August 9, 2013

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Let’s go to the Milwaukee Zoo and see all of our fuzzy, scaly, slimy and funny friends! Along the way we will stop and sample food from the various food vendors in the park! Lunch is included.

*Remember to wear good walking shoes & sunblock*

**Location:** Meet at Special Rec Activity Room, Leisure Center

**Age:** 13 & Older

**Min/Max:** 4/8

**Fee:** $25R / $38NR

**Reg. Deadline:** July 26, 2013

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Come take a tour of the gorgeous Tinker Swiss Cottage, a historic house museum located in the heart of Rockford, IL. The complex contains the historic house museum, barn, & carriage house from the Tinker Family. The property is the home of the founding site of Rockford and contains a Pre-Columbian Native American conical mound. Lunch is included.

**Location:** Meet at Special Rec Activity Room, Leisure Center

**Age:** 16 & Older

**Min/Max:** 4/8

**Fee:** $35R / $53NR

**Reg. Deadline:** April 26, 2013

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Let’s take a relaxing guided 40 min. horseback ride through Chain O’ Lakes State Park. Enjoy colorful meadows and lush green forest where deer, hawks & eagles abound. Afterwards we will go to KC’s Cabin for lunch.

*Participants must be able to ride horses independently*

**Location:** Meet at Special Rec Activity Room, Leisure Center

**Age:** 15 & Older

**Min/Max:** 4/6

**Fee:** $50R / $75NR

**Reg. Deadline:** June 1, 2013

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Enjoy lunch and an afternoon playing games at Dave and Buster’s in Wauwatosa, Wisconsin. Lunch and a $20 Power Card is included—participants may bring extra money to reload their Power Card.

**Location:** Meet at Special Rec Activity Room, Leisure Center

**Age:** 18 & Older

**Min/Max:** 4/12

**Fee:** $42R / $63NR

**Reg. Deadline:** May 22, 2013

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<td>Z7079</td>
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Splash into the leisure pool, lounge on the lazy river, race down the waterslides. Spend your summer days exploring the best water parks around. Remember your swimsuit, towel & sunblock. Lunch is included.

**Location:** Meet at Special Rec Activity Room, Leisure Center

**Age:** 13 & Older

**Min/Max:** 4/12

**Fee:** $35R / $53NR

**Reg. Deadline:** June 21, 2013

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<th>CODE</th>
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<td>Tu</td>
<td>7/2</td>
<td>10:30am-4:00pm</td>
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Wellness Guidelines

Participation Guidelines When Illness Occurs

In consideration of the other participants and the SRSNLC staff, to prevent the spread of contagious illnesses, participants must refrain from attending programs when any of the following conditions exist:

1. Fever of 100 degrees or higher.
2. Vomiting within the last 24 hours.
3. Persistent diarrhea in conjunction with other symptoms.
4. Contagious rash or a rash of unknown origin.
5. Persistent cough and/or cold symptoms.
6. “Pink Eye” (conjunctivitis) or discharge from the eye.
7. Symptoms of mumps, measles, chicken pox, strep throat, flu, impetigo, Coxsackie virus, head lice, mites, and ringworm.
8. Runny nose with yellow or green discharge WHICH INDICATES INFECTION.
9. Fatigue, due to illness, that will hinder participation and enjoyment in the program.

Please notify the SRSNLC office if the participant contracts any contagious illness that will affect his/her attendance at the program. Participants should return to programs at the doctor’s recommendation, or, if not under a doctor’s care, when the symptoms have clearly passed.

Spanish Interpreters Available
If you need to contact us about program information, Spanish interpreters are available at our Waukegan office (847) 360-4700 and our Round Lake office (847) 546-8558.

Si necesita ponerse en contacto con nosotros para pedir información sobre nuestros programas en español, tenemos traductores disponibles en la oficina de Waukegan al (847) 360-4700 la oficina de Round Lake al (847) 546-8558.

LINDENHURST PARK DISTRICT: Monday - Friday 9:00 am - 5:00 pm

ROUND LAKE PARK DISTRICT: Mon.-Fri. – 8:30 am - 7:30 pm Saturday – 9:00 am - 12:00 noon

BELVIDERE RECREATION CENTER WAUKEGAN: Mon.-Fri. – 9:00 am - 9:00 pm Saturday – 9:00 am - 2:00 pm

ZION LEISURE CENTER: Mon.-Fri. – 9:00 am - 6:00 pm Saturday – 8:00 am - 2:00 pm

Please detach the Registration Form and complete in detail. The full registration fee is due before the registration deadline. Call your local office for alternate payment plans. Register in person or mail the registration with check or money order payable to your local Park District. Complete the attached Annual Information Form in the winter season only unless this is a new registration or information has changed.

Medication Distribution

Parents and guardians are asked to dispense medication on their own, outside of program hours, if at all possible. If a medication needs to be administered by SRSNLC Staff, a Permission to Dispense Medication form must be completed. In all cases, medication dispensing can only be administered, changed, or modified by completing a Permission to Dispense Medication form.

All athletes MUST sign
Sportsmanship Contract
Behavior Expectations

SRSNLC promotes the concept of “equal fun for everyone.” However, certain rules have been established to ensure the safety and enjoyment of all people. The following guidelines have been developed to help make SRSNLC programs safe and enjoyable for all participants. SRSNLC participants are expected to demonstrate appropriate behavior during programs. The basic behavior code of conduct insists that participants shall:

1. Show respect to all participants and staff, and take direction from staff.
2. Refrain from using abusive or foul language.
3. Refrain from causing bodily harm to self, other participants, or staff.
4. Show respect to equipment, supplies, and facilities.

A positive approach will be utilized regarding discipline. Individual behavior management plans may be developed on the advice of parents, staff or other professionals. If inappropriate behavior occurs, prompt resolution will be sought, specific to each individual situation. **SRSNLC reserves the right to dismiss a participant whose behavior endangers the safety of him/her self or others.**

Consequences of Unacceptable Behavior

Participants may be subject to any of the following actions for unacceptable behavior. Below is a guideline for progressive discipline; however, the progression may be accelerated or slowed based on the severity and frequency of the unacceptable behavior.

<table>
<thead>
<tr>
<th>Unacceptable Behavior</th>
<th>Warning</th>
<th>Time Out</th>
<th>Conference Loss of Privileges</th>
<th>Suspension</th>
<th>Expulsion</th>
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<tr>
<td>Improper use of materials or equipment.</td>
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<td>Disrespect of participants, staff, or the public.</td>
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<td>Objectionable gestures; profane, vulgar or objectionable language.</td>
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<td>Fighting</td>
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<td>Damage or destruction of Park District property or property of others.</td>
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<td>Smoking; possession or use of alcohol or illegal drugs.</td>
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<td>Harassment or abuse of fellow participants or staff</td>
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<td>Possession of weapons</td>
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<td>Other acts which may be determined to be unacceptable by the program supervisor</td>
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For issues that are not major we may issue a participant progress report. This is in no way a behavioral warning; it is simply to inform you of something that may have happened during a program. For example, a participant may soil their pants. We will issue a progress report to inform the parent/guardian of the incident and how it was handled.
The following Sportsmanship Contract is to be signed by all SRSNLC - Athletes for all Special Olympic sport seasons.

The Sportsmanship Contract is a code of conduct that all athletes must follow while participating in all Special Olympic sports. This contract must be signed and dated by the athlete and returned to the coach at the beginning of EACH sport season. The athlete will not be allowed to compete/participate until the contract is signed. Coaches will document any violations of the contract on a tracking form for each athlete.

The Sportsmanship Contract is an agreement of sportsmanlike conduct that athletes will follow while participating in SRSNLC Special Olympics. Please take a moment to review this form, sign it and return to your coach. This contract is in place to ensure that all athletes are treated with respect and so that they feel like an important part of the team.

“Positives” of following this contract are as follows:
• Team has better chance of winning
• You and your team will have more fun

The consequences for not following contract are as follows:
1. If any unsportsman-like conduct is seen/reported during a game, on the van/bus or at practice, the athlete will receive a warning and a brief time out.
2. If unsportsman-like conduct is seen/reported for a 2nd time during a game, practice or van/bus ride, the athlete will be benched for the rest of the game (or half of the next game he/she is present at, if during a practice or on bus).
3. If unsportsman-like conduct is seen/reported for a 3rd time in a game, practice or on the van/bus, the athlete will be benched for the entire next game he/she is present at. The athlete will be encouraged to cheer on the team, but is otherwise expected to sit in silence.
4. If the athlete continues to show unsportsman-like conduct after the 1st game suspension, he/she will continue to be suspended from play until the undesired conduct has stopped.
5. If the athlete is suspended from more than 3 games, he/she will be suspended for the rest of the Season.
6. If several athletes do not follow the Sportsmanship Contract, the coaches have the authority and right to forfeit games and tournaments.

I agree to follow the above Sportsmanship Contract.

Athlete’s Signature:_________________________________________________   Date___________________
Instructions for Completing the Application for Participation

The Application for Participation (App) must be filled in completely. Apps with blank sections or attachments (exception: letter from State Office of Guardianship, 2a below) will not be accepted.

This App is valid for 2 years from the date of the examination date, regardless of the parent/guardian/Entrant signature date.

Parent/guardian and doctor signatures must be original and both original signatures must be on the same App form. Faxed signatures, phone consents or verbal consents will not be accepted.

If Entrant was listed on the Sex Offender Public Registry or the Child Murder and Violent Offender Against Youth Registry but has since been removed, contact the Special Olympics Illinois office for instructions before submitting this application.

ATHLETE INFORMATION AND HEALTH INSURANCE & EMERGENCY INFORMATION

1. The first two sections must be filled in completely. The ethnicity information is requested to assist in the organizational outreach efforts.

PARENT AND/OR GUARDIAN AUTHORIZATION AND MEDIA RELEASE

2. The Parent or Legal Guardian must read, sign and date the Parent/Guardian Authorization and Media Release.

   a. The section must be signed and dated as printed. Deletions or alterations to the section will result in an invalid App. (Exception: Deletion of the last paragraph regarding medical treatment and attachment of a letter of explanation and 24-hour emergency telephone numbers from the State Office of Guardianship. As of January 1, 1987, the letter of explanation must be attached.)

   b. Only one of the two signature blocks must be completed. Special Olympics Illinois works under the understanding that this section may be signed by either:

      • The (biological or adoptive) parent unless the athlete has been designated a ward of the state;

      OR

      • The legal guardian; this person must be legally assigned for the individual;

      OR

      • The athlete if he/she is over the age of 18 and has not been designated as needing and having been assigned a legal guardian. A witness signature is necessary if the athlete’s signature is unrecognizable (for example, if the athlete's signature is an "X.")

MEDICAL CLEARANCE

3. The Medical Clearance section must be completed, signed and dated by a medical practitioner licensed to administer physical examinations by the state in which he/she practices. As of September 1, 1990, the Special Olympics Illinois Application for Participation is the only Medical Clearance form which will be accepted as valid by Special Olympics Illinois.

This person, by signing the Medical Clearance, is stating that the athlete is in good health and can safely participate in Special Olympics sports training and competition. It is strongly suggested that the person administering the physical examination possess the following:

   • Background and preparation in giving sports physical examinations.

   • Qualifications to administer examinations that would not compromise his/her area of specialty.

AFTER COMPLETING THE APPLICATION ...

4. Send the original copy of the Application for Participation to the Area Director who will send the App to the Special Olympics Illinois Chapter office. The Chapter office will validate the Application for Participation and send a copy of the App with an approved stamp back to the SOAD (Special Olympics Athletic Director). An Application for Participation will not be validated until all information is correct and completed on the approved form.

5. Special Olympics Illinois requires that all Applications for Participation be presented prior to and no later than the established Medical App deadline of a Chapter championship level event (Winter Games, State Basketball Tournament, Summer Games, Outdoor Sports Festival, Fall Games, Floor Hockey or State Bowling Tournament). All Apps for the event in question must be valid throughout the completion of that Chapter competition.

Applications for Participation for athletes participating in District Tournaments and Sectional Tournaments must be received before the entry deadline or with registration materials.

Applications not on file or in receipt by the specified deadline will not be accepted.
Name: ___________________________ Age: ________ Birthdate: ________ Gender: ________

Address: ___________________________ House/Apt. #: ___________________________

City: ___________________________ Zip: ___________________________

Home Phone: ( ) Emergency Phone: ( ) E-mail: ___________________________

<table>
<thead>
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<th>PROGRAM NAME</th>
<th>NUMBER/LOCATION CODE</th>
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**PARTICIPATION WILL BE DENIED – If the signature of adult participant or parent/guardian and date are not on this waiver.**

**IMPORTANT INFORMATION**

The Special Recreation Services of Lindenhurst, Round Lake, Waukegan and Zion Park Districts is committed to conducting its recreation programs and activities in a safe manner and holds the safety of participants in high regard. The Special Recreation Services of Northern Lake County continually strives to reduce such risks and insists that all participants follow safety rules and instructions that are designed to protect the participants’ safety. However, participants and parents/guardians of minors registering for the below listed programs/activities must recognize that there is an inherent risk of injury when choosing to participate in recreational activities/programs.

You are solely responsible for determining if you or your minor child/ward are physically fit and/or skilled for the activities contemplated by this agreement. It is always advisable, especially if the participant is pregnant, disabled in any way or recently suffered an illness, injury or impairment, to consult a physician before undertaking any physical activity.

**WARNING OF RISK**

Recreational activities/programs are intended to challenge and engage the physical, mental and emotional resources of each participant. Despite careful and proper preparation, instruction, medical advice, conditioning and equipment, there is still a risk of serious injury when participating in any recreational activity/program. Understandably, not all hazards and dangers can be foreseen. Depending on the particular activity, participants must understand that certain risks, dangers and injuries due to inclement weather, slipping, falling, poor skill level or conditioning, carelessness, horseplay, uncontrolled conduct, premises defects, inadequate or defective equipment, inadequate supervision, instruction or officiating, and all other circumstances inherent to indoor and outdoor recreational activities/programs exist. In this regard, it must be recognized that it is impossible for the Special Recreation Services of Northern Lake County to guarantee absolute safety.

**WAIVER AND RELEASE OF ALL CLAIMS AND ASSUMPTION OF RISK**

Please read this form carefully and be aware that in signing up and participating in the identified programs/activities (above), you will be expressly assuming the risk and legal liability and waiving and releasing all claims for injuries, damages or loss which you or your minor child/ward might sustain as a result of participating in any and all activities connected with and associated with said programs/activities (including transportation services, vehicle operation, when provided).

I recognize and acknowledge that there are certain risks of physical injury to participants in these programs/activities, and I voluntarily agree to assume the full risk of any and all injuries, damages or loss, regardless of severity, that my minor child/ward or I may sustain as a result of said participation. I further agree to waive and relinquish all claims I or my minor child/ward may have (or accrued to me or my child/ward) as a result of participating in these programs/activities against the Special Recreation Services of Northern Lake County including its officials, agents, volunteers and employees (hereinafter collectively referred as SRSNLC). I do hereby fully release and forever discharge the SRSNLC from any and all claims for injuries, damages, or loss that my minor child/ward or I may have or which may accrue to me or my minor child/ward and arising out of, connected with, or in any way associated with these programs/activities.

In the event of an emergency, I authorize SRSNLC Staff to secure from any licensed hospital, physician and/or medical personnel any treatment deemed necessary for my minor child/ward and agree that I will be responsible for the payment of any and all medical services rendered.

I have read and fully understand the above important information, warning of risk, assumption of risk and waiver and release of all claims. If registering on-line or via fax, your on-line or facsimile signature shall substitute for the and have the same legal effect as an original form signature.

Parent or Adult Guardian must sign if participant is under the age of 18.

________________________________________
Date

Participant must sign if he/she is their own legal guardian.

________________________________________
Date

**FOR CREDIT CARD PAYMENT**

☐ Visa ☐ MasterCard

Card Holder’s Name ___________________________

Credit Card Number ___________________________

Expiration Date ________ 3 Digit Security Code ________

Billing Zip Code ___________________________

☐ Charge Full Fee $ ___________________________ ☐ Charge Deposit Only $ ____________

Signature ___________________________
Please complete this form if the participant has ever experienced a seizure. Please update this form whenever there is a change in the seizure plan and submit it with your registration. You will be asked to review this once a year and provide any necessary updates.

Participant’s name: ______________________________________
Parent/Guardian: ____________________________ Phone _____/ _____/______
Emergency Contact: ____________________________ Phone _____/ _____/______
Current Medication: Name     Dosage   Time of intake
(including dosage) ________________________ ____________ ____________
________________________ ____________ ____________

Please note: SRSNLC will not administer rectal diastat.

Seizure type:
  o Absence (staring spell)  o Atonic (drop)
  o Simple Partial           o Generalized (grand-mal)
  o Complex Partial         o Other (Explain): ______________________

When was the date of your/your child’s last seizure? ____/____/____
How long does the seizure last? __________________
How long was the longest seizure? __________________

Are there any triggers that cause the onset of your/your child’s seizures? (I.e. strobe lights, heat, sudden movements, noise)
Explain: ______________________________________________________________________
______________________________________________________________________________
______________________________________________________________________________

Are there any symptoms prior to the onset of your/your child’s seizure? (I.e. smells, stomach pain, fear, sounds)
Explain: ______________________________________________________________________
______________________________________________________________________________
______________________________________________________________________________

Seizure Plan

Please list below the necessary steps you would like SRSNLC to take in the event of a seizure:

1. Call 911 for a seizure over _____minutes.

2. ____________________________________________________________________________

3. ____________________________________________________________________________

Parent/Guardian Signature: ____________________________  Date: ____________

It is important that we follow a consistent procedure for responses to seizures, therefore if your child has a seizure plan in place for school/workshop/prescribed by a doctor, a copy of that should be submitted in addition to this form.
### EMERGENCY CONTACT (Within 20 mile radius) Other than parent/guardian

| Name: __________________________ | Relationship: __________________________ |
| Address: __________________________ | Home Phone: (____) |
| City: __________________________ | Work/Cell Phone: (____) |
| State: ____ | Zip: ____ |

### PARTICIPANT DISABILITY (Please check all that apply)

- [ ] Attention Deficit Disorder: (ADD)
- [ ] Autism (A)
- [ ] Behavior Disorder (BD)
- [ ] BiPolar (BP)
- [ ] Brain Injury (BI)
- [ ] Deaf/Hard of Hearing (D/HH)
- [ ] Developmental Disability (DD)
- [ ] Down Syndrome (DS)
- [ ] Early Childhood (EC)
- [ ] Educable Mental Handicap (EMH)
- [ ] Emotionally Distressed (ED)
- [ ] Learning Disorder (LD)
- [ ] Multiply Challenged (MC)
- [ ] Physically Challenged (PC)
- [ ] Severe Mental Handicap (SMH)
- [ ] Trainable Mental Handicap (TMH)
- [ ] Visually Impaired (VI)

If Down Syndrome, has participant been tested for atlanto axial instability?  Yes / No

Does your participant have atlanto axial instability?  Yes / No

### PHOTO/VIDEO AUTHORIZATION AND CONSENT & EMERGENCY TREATMENT PERMISSION:

I hereby authorize and give my consent to SRSNLC to photograph/video my child (or me), and without limitation, to use such photographs/video in connection with promoting/advertising the services, programs, and facilities of SRSNLC, including, but not limited to its website, Facebook page, promotional materials, brochures, fliers and other publications without consideration of any kind. I have read and fully understand the above photo/video authorization and consent.

I acknowledge that SRSNLC does not carry medical insurance. My family’s own health insurance must assume responsibility in the event of injury. I understand that every precaution is taken to protect the safety of every participant. I agree to emergency treatment by a physician or hospital in the event that I cannot be reached. I hereby acknowledge that the above information is accurate and I understand that it is my responsibility to inform the SRSNLC staff of any changes in the above information.

Medical Insurance Company_________________________________________ Policy Number_____________________________

Signature of Parent/Guardian_________________________________________ Date_____________________________

[ ] I do not authorize or give photo consent.
## Medication

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<th>Medication</th>
<th>Dosage</th>
<th>Purpose</th>
<th>Side Effects</th>
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## Health Issues

Does the participant seizure?  Yes  No  Comments:

Does the participant have asthma?  Yes  No

Does the participant have allergies?  Yes  No

## Dietary Issues

Does participant require assistance eating or drinking?  Yes  No  Comments:

- Have any food restrictions?  Yes  No  Comments:
- Have any food dislikes?  Yes  No  Comments:
- Have any specific food likes?  Yes  No  Comments:
- Is the participant Diabetic?  Yes  No  Comments:

## Behavior Issues

Does participant display unusual fears?  Yes  No  Comments:

- Comply with verbal requests?  Yes  No  Comments:
- Respond to specific directions?  Yes  No  Comments:
- Have any known situations that cause behaviors?  Yes  No  Comments:

What actions are to be taken if a particular behavior is presented?

- Respond to any reinforcement devices?  Yes  No  Comments:

- Respond to any behavior improvement techniques?  Yes  No  Comments:

## Safety Issues

Does participant need assistance orientating to:

- People  
- Place  
- Time

Does participant need assistance protecting:

- Self  
- Anticipating safety needs

Does participant need assistance toileting:

- Independent  
- Monitor  
- Diapering  
- Other: _______________________

## General Issues

Does participant use:

- Wheelchair  
- Stroller  
- Walker  
- Cane  
- Canadian crutches

If participant is non-verbal do they use:

- Sign language  
- Communication board/book

Does participant swim/enjoy water?  Yes  No
### Lindenhurst Facilities
- **Lindenhurst Park District**  
  2200 East Grass Lake Rd., Lindenhurst
- **Mallard Ridge Park**  
  110 Robincrest Lane, Lindenhurst
- **Millennium Park**  
  201 Country Place Lane, Lindenhurst

### Round Lake Facilities
- **Indian Hill Elementary / Park District Gym**  
  1920 Lotus Drive, Round Lake Heights
- **Kristof’s Entertainment Center**  
  421 Rollins Road, Round Lake Beach
- **Renwood Golf Course**  
  701 E. Shorewood Road, Round Lake Beach
- **Robert W. Rolek Community Center**  
  814 Hart Road, Round Lake
- **Round Lake Area Park District Teen Center / Youth Center**  
  2071 N. Orchard Lane, Round Lake Beach
- **Round Lake Area Park District Site II (Dell House)**  
  2041 N. Orchard Lane, Round Lake Beach
- **Round Lake Area Park District Sports Center**  
  2004 N. Municipal Way, Round Lake Beach
- **Park School**  
  400 W. Townline Road, Round Lake
- **Washington Street Tennis Courts**  
  22415 East Washington Street, Round Lake

### Waukegan Facilities
- **Belvidere Recreation Center/Park Place Senior Center**  
  412 South Lewis Street, Waukegan
- **Douglas House**  
  732 N. Genesee Street, Waukegan
- **Jane Addams**  
  95 Jack Benny Drive, Waukegan
- **Sunset Bowl**  
  2015 North Lewis Avenue, Waukegan
- **The Field House @ Hinkston Park**  
  800 N. Baldwin Avenue, Waukegan
- **Bonnie Brook Golf Course**  
  2800 N. Lewis Avenue, Waukegan
- **Greenshire Golf Course**  
  38727 N. Lewis Avenue, Waukegan

### Zion Facilities
- **Shiloh Center**  
  Emmaus and 27th Street, Zion
- **Zion Leisure Center**  
  2400 Dowie Memorial Drive, Zion
- **Zion Benton Township High School**  
  21st Street and Kenosha Road, Zion
- **Hermon Park Center**  
  2700 29th Street, Zion
- **Pinsters Bowl & Bar**  
  1646 Sheridan Road, Zion
- **Port Shiloh**  
  1523 Shiloh Blvd., Zion
- **Shepherds Crook Golf Course**  
  351 Greenbay Road, Zion
Special Recreation Services of Northern Lake County

Lindenhurst Park District
Community Center
2200 E. Grass Lake Road
Lindenhurst, IL 60046
847-356-6011
847-356-6063 Fax

Round Lake Area Park District
Community Center
814 Hart Road
Round Lake, IL 60073
847-546-8558
847-740-8180 Fax

Waukegan Park District
Upton Park/Douglas House
2000 Belvidere Street
Waukegan, IL 60085
847-360-4760
847-662-2577 Fax

Zion Park District
Leisure Center
2400 Dowie Memorial Drive
Zion, IL 60099
847-746-5500
847-746-5506 Fax