

55 and Over

SENIOR ADVISORY COMMITTEE

We have started a Senior Advisory Committee. We meet the second Tuesday of each month at the Senior Drop In Center, 2600 Emmaus, at 10:00am.

MUNCH N' BRUNCH

The first Friday of each month we meet very informally to share fun and friendship and exchange ideas about what interests us. If you would like to join us please do and bring a dish to pass.

Code	Date	Day	Time	Fee
5-2527-1	1st Friday of Each Month		10:00 am	None

Location: Shiloh Center

PINOCHLE or DOMINOES

If you don't know how to play, we'll teach you. We will match up players for the game of their choice. Just join us for some fun and social time with friends old and new.

Code	Date	Day	Time	Fee
5-2605-1	Continuing	Wed.	11:30-3:00pm	None

Location: Shiloh Center (lower level – east room)

CRIBBAGE

If you're a cribbage player, terms such as being skunked, double skunked, and 19, are very important. If you've never played, however, and want to learn, you'll want to know what these terms mean. And we can teach you!

Code	Date	Day	Time	Fee
5-2606-1	Continuing	Thursday	11:30-4:00 pm	None

Location: Shiloh Center (lower level – east room)

BEACH BALL VOLLEYBALL

If you're a volleyball player, this is the game for you! We serve and volley with the best of them. We play with a modified beach ball. We love this game.

Code	Date	Day	Time	Fee
5-2545-1	Continuing	Mon,Tues & Thurs	9am-12noon	None

Location: Leisure Center Sports Arena

LIGHT AEROBICS

Get ready to shape up this spring with our Light Aerobics program. We do exercises anyone can do, at a pace everyone can keep up with. Whether you know it or not, now is the time.

Code	Date	Day	Time	Fee
5-2510-1	Continuing	Tue & Thur	10:15-11am	\$1 per class

Location: Hermon Park Center

TONE-UP

Treadmills, exercise bikes, free weights, and a step machine are just some of the equipment at the Hermon Park Fitness Center. Come to the Center, and start your day out right. Let's get in shape for life.

Code	Date	Day	Time	Fee
5-2510-2	Continuing	M,W,F	8:00-11:00am	None
		T,Th	7:00-11:00am	None

Location: Hermon Park Center

Hermon Park Center has additional hours of operation, you are welcome to attend for the \$2.00 daily fee.

LINE DANCE SOCIAL

Our line dance instructor has gotten outstanding reviews from all area line dancers. She's an excellent instructor, who keeps the 55 and older person in mind. You can learn! You don't have to be a dancer. Please bring a dish to pass.

Code	Date	Day	Time	Fee
5-2660-1	2nd Friday of Each Month		Dinner 6 pm Dancing 7pm	None

Location: Shiloh Center (lower level-west room)

March 21 – Back Stage Tour @ Lyric Opera House

Sunday, March 21, 2010

Departs the Leisure Center at 12:00 PM

Fee: \$45

We will take a back stage tour of the Lyric Opera House in Chicago. The tour will last approximately two hours and there will be a dinner stop on the way home on your own!!

Code: 1-2512-1

March 4 – Fireside Theater Those Fabulous 50's & 60's

Thursday, March 4, 2010

Bus departs Leisure Center at 8:30AM

Fee: 🌀 (see below)

Audiences young and old love our live band performances of 50's shows. This season we continue into the sizzling 60's. An unforgettable bonanza of music!!

Code: 1-2503-1

April 29 – Fireside Theater Joseph & The Amazing Technicolor Dreamcoat

Thursday, April 29, 2010

Depart the Leisure Center at 8:30 AM

Fee: 🌀 (see below)

One of the most popular musicals of the last 50 years. This is the telling of the biblical story of Joseph and his brothers. Music, costumes, laughter, joy and heart, don't miss it!!!

Code: 1-2505-1

🌀 **Fee is \$90.00** unless we have a group of over 25, then the price will be reduced to \$75.00.