

Walk-N-Fit

Are you looking to get yourself into shape and be a healthier person? Come to Walk-N-Fit and join a great group of people with the same goal. We have free weights, weight machines, treadmills, outdoor walking trails and much more!

Location: Hermon Park, Zion Park District

Age: 13 & Older

Min/Max: 4/20

Fee: \$20R / \$30NR

Reg. Deadline: January 28, 2012

CODE	DAY	DATE	TIME
Z7095	Sa	2/11-4/14	9:00am-10:00am

Bowling

STRIKE! Come join a great group of people once a week for a fun, non-competitive evening of bowling. Fee includes 2 games of bowling & shoes.

Location: Pinsters Bowl & Bar, Zion

Age: 8 & Older

Min/Max: 10/60

Fee: \$6.50R per day / \$75.00R per session

\$9.75NR per day / \$112.50NR per session

Reg. Deadline: January 19, 2012

CODE	DAY	DATE	TIME
Z7040	Th	2/2-4/19	4:00pm-5:30pm

Aerobics

This class is taught by a certified aerobics instructor. You will work out to fun music while working on balance, muscle strength, flexibility, & endurance. This class is even great for those with mobility issues. Different instruments will be used to help everyone be successful in this class!

Location: Rooms 3 & 4, Leisure Center

Age: 13 & Older

Min/Max: 6/30

Fee: \$30R / \$40NR

Reg. Deadline: January 18, 2012

CODE	DAY	DATE	TIME
Z7069	W	2/1-4/11	5:00pm-6:00pm

Special Olympics Bowling Tournament

Come take a chance to qualify for the Special Olympics Sectional bowling tournament!

The Regional tournament is held at Brunswick Zone in Lake Zurich.

****Must be active in the bowling program to go to tournament****

****Must have a Special Olympics Application on file to participate****

Location: Meet at Special Rec Activity Room

Age: 8 & Older **Min/Max:** 3/12 **Fee:** \$5N / \$8NR

Reg. Deadline: April 13, 2012

CODE	DAY	DATE	TIME
Z7170	Su	6/3	TBD



ZION Take The Day Off

Denny's & Matinee

Hey anyone in the mood for a great breakfast at Denny's to get the day started and an awesome movie at Gurnee Cinema to end it? Come play hooky with your friends from SRSNLC!

Location: Meet at Special Rec Activity Room, Leisure Center

Age: 13 & Older

Min/Max: 4/12

Fee: \$27R / \$40NR

CODE	DAY	DATE	TIME
Z7161-1	F	1/20	10:00am-3:00pm

Reg. Deadline: January 13, 2012

Z7161-2	F	2/17	10:00am-3:00pm
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Reg. Deadline: February 10, 2012

Z7161-3	F	3/23	10:00am-3:00pm
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Reg. Deadline: March 16, 2012

Z7161-4	F	4/13	10:00am-3:00pm
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Reg. Deadline: April 6, 2012

TORNADO ALLEY - Milwaukee Public Museum

Come join us for an amazing day at the Milwaukee Public Museum. We will check out all of the great displays and catch the movie Tornado Alley created by Sean Casey from the hit T.V. show Storm Chasers at the IMAX Theater. You don't want to miss experiencing what it would be like "inside" a tornado. Lunch is included.

Location: Meet at Special Rec Activity Room, Leisure Center

Age: 13 & Older

Min/Max: 5/12

Fee: \$50R / \$75NR

Reg. Deadline: February 10, 2012

CODE	DAY	DATE	TIME
Z7159	F	3/9	9:00am-4:00pm

Dave & Buster's

Enjoy lunch and an afternoon playing games at Dave and Buster's in Wauwatosa, Wisconsin. Lunch and a \$20 Power Card is included—participants may bring extra money to reload their Power Card.

Location: Meet at Special Rec Activity Room, Leisure Center

Age: 18 & Older

Min/Max: 4/12

Fee: \$42R / \$63NR

Reg. Deadline: February 1, 2012

CODE	DAY	DATE	TIME
Z7079	W	2/15	10:00am-4:00pm